

Spring Newsletter 2022

Dear Member

I hope you are keeping well and enjoying the sunshine!



Spring is a time for new beginnings and here at the Community Centre we have three new courses:

Karen's Pilates - a five week introduction to Pilates on Thursday mornings from 9.15 to 10.15 begins on 28th April at a special price of £3 a session. Contact Karen on 07773706573 to find out more or book your place.

Introduction to Nordic Walking - a 10 week course on Thursday mornings from 5th May from 10am to 11am at a special price of £2 per session which includes hire of the poles. Contact Sue on 07799413237 to book a place.

Yoga for Beginners – whatever your size/shape and whatever your fitness/bendiness this class is for you! The 10 week course is on Fridays from 10.15 to 11.15am starting on the 6th May. There is a special price of £3 per session and yoga mats can be borrowed. Contact Nikkie to find out more yogawithnikkie@gmail.com

Also starting locally is Couch to Court Netball and a Couch to 5k running course.

Long term plans for the Community Centre

Exeter City Council have scrapped plans to demolish the Community Centre and Sports Centre and replace them with a new building incorporating the GP Surgery.

Exeter City Council are now looking into the possibility of refurbishing the two Centres and replacing the old changing rooms between them with a Café space. To find out more go to 'What Wonford Wants' on the 'This is Wonford' website. Exeter City Council will be setting up groups to look into Youth Provision, Outside Space, The Café and Future Management of the potential new Community Wellbeing Centre. If you are interested in any of these contact Dawn Rivers dawn.rivers@exeter.gov.uk

Neighbourhood Diversity Festival

Exeter Communities Together are working with local residents/groups to hold a Neighbourhood Diversity Festival on 2nd July. It is hoped that there will be stalls, food and entertainment – like a mini Wonford version of the Respect Festival - if you would like to take part please contact admin@exetercommunitiestogether.org.uk

Regular Activities

Please find a list of all the regular activities at the Community Centre and contact details if you would like to know more.

Covid Requests

The Trustees request that you do not attend the Community Centre if you have any of the symptoms of coronavirus or if you have tested positive and also request that people continue to use hand sanitiser on arrival. Thank you.

Farewells

The WASP (Wonford and St Pauls) Project has come to an end so the Beanies Club which was run by WASP is no longer taking place.

Due to family circumstances, I am finishing as Centre Manager at the end of May. I would like to wish the Wonford Community and Learning Centre every success in the future and to thank all the volunteers, especially the Trustees, for all they do.

Best wishes
Helen Moore